

# Building Capacity for Assessing Wetland Recovery Efforts in Supporting Regional Wetland Health and Resiliency

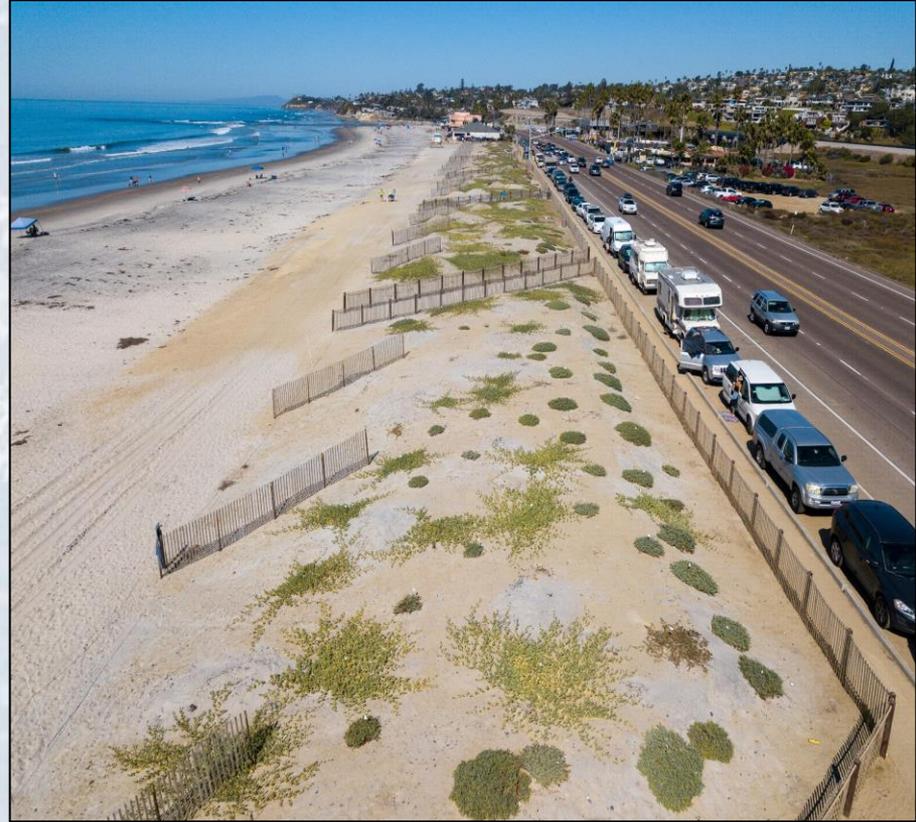
Katie Nichols  
June 17, 2025



Coastal  
Conservancy  
STATE of CALIFORNIA

The *State Coastal Conservancy's* vision is of a beautiful, restored, and accessible coast for current and future generations of Californians.

**We act with others** to protect and restore, and increase public access to, California's coast, ocean, coastal watersheds, and the San Francisco Bay Area.





# Coastal Conservancy





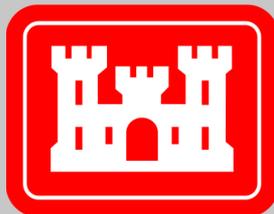
- Overview of the Wetlands Recovery Project (WRP)
- Need for a Regional Monitoring Program
- Goals of the Regional Monitoring Program
- Where we are today/products developed



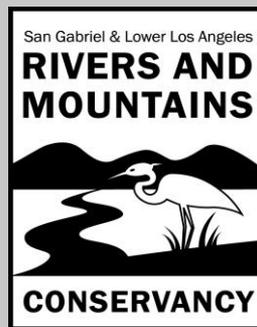
### WETLANDS ACROSS THE WRP SUBREGIONS

- Coastal Wetlands
- Non-tidal Wetlands





Coastal  
Conservancy



CWRGP WORK PLAN

CURRENT PROJECTS

COMPLETED PROJECTS





# WETLANDS ON THE EDGE

*The Future of Southern California's Wetlands*

REGIONAL STRATEGY 2018



## VISION

Restored and protected wetlands and rivers along the Southern California Coast benefiting wildlife and people

## MISSION

The Southern California Wetlands Recovery Project aims to expand, restore and protect wetlands in Southern California's coastal watersheds.

GUIDING PRINCIPLES (17)

### GOAL 1

Preserve and restore resilient coastal tidal wetlands and associated marine and terrestrial habitats.

Quantitative Objectives  
Management Strategies

### GOAL 2

Preserve and restore streams, adjacent habitats, and other non-tidal wetland ecosystems to support healthy watersheds.

Quantitative Objectives  
Management Strategies

### GOAL 3

Support education and compatible access related to coastal wetlands and watersheds.

Quantitative Objectives  
Management Strategies

### GOAL 4

Advance the science of wetland restoration and management in Southern California.

Quantitative Objectives  
Management Strategies

# Why Monitor? - Questions we want to answer through estuary monitoring



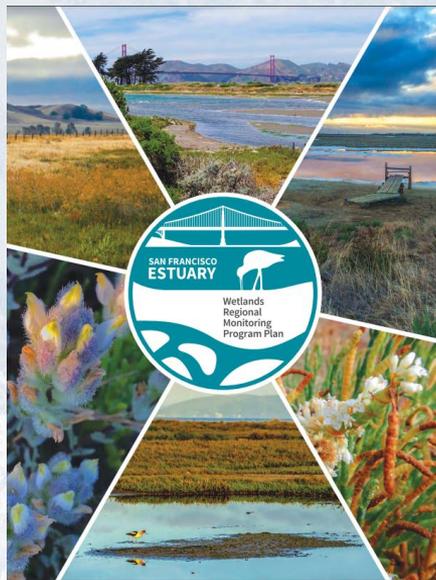
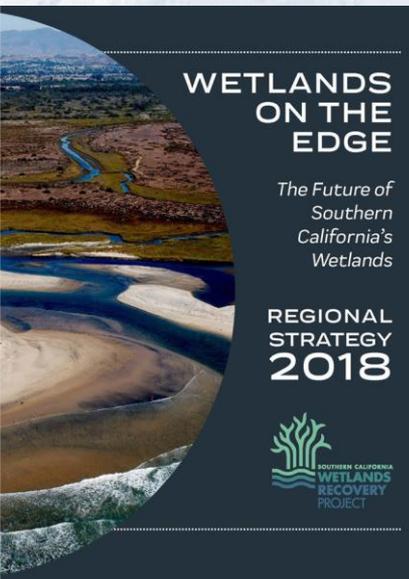
How healthy are California's estuaries?  
*Is health improving over time?*



What are the key stressors impacting our estuaries?  
*How resilient are estuaries over time?*



How effective are our management actions?  
*Restoration, mitigation, regulatory protection?*



## California Estuarine Wetland Monitoring Manual (Level 3)

March 2021 (Version 2.0)

The Bay Foundation  
California State University, Long Beach  
Tijuana River National Estuarine Research Reserve  
Southern California Coastal Water Research Project  
University of Southern California Sea Grant Program  
California State University, Channel Islands

## Estuary Marine Protected Area (EMPA) Monitoring Project

Monitoring protocol and data

The main objective of the EMPA project is to develop an enhanced, coordinated Statewide Estuarine Monitoring Program called out in the California Marine Life Protection Act (MLPA) Monitoring Action Plan.

This project includes the compilation and analysis of select, currently available data sets, a focused field data collection effort to fill data gaps through implementation of standard protocols (abiotic, biotic, habitat, and stressor parameters), quantification of the current benefits of MPA status, and the development of long-term monitoring and management recommendations to expand the benefits of EMPA designation and document changes through time.

This website provides access to the technical reports generated from the project, monitoring protocols, field data sheets, and instructions for accessing and uploading data generated using the EMPA monitoring protocol.



## Monitoring and Assessment:

- Assess progress toward the VWRP's Regional Strategy objectives
- Provide technical and policy input and support to integrate wetland assessment tools and data into regulatory and grant programs

## Voluntary Restoration and Protection:

- Support sea level rise vulnerability assessment and adaptive management/restoration planning for coastal wetlands
- Continue to lead the VWRP in advancing wetland science, as well as restoring, protecting, and enhancing wetlands throughout southern California

- Streamline Process
- Leverage existing datasets
- Develop a sentinel site network
- Provide suggested monitoring protocols that are comparable across sites, projects and agencies
- Make regional data available to decision makers
- Gain a regional understanding of wetland health and resiliency
- Prioritize funding and effort



Bolsa Chica

# Elements of the Regional Monitoring Program



Sentinel site network – provide consistent frame of reference for projects



Monitoring plan – approach for answering regional questions



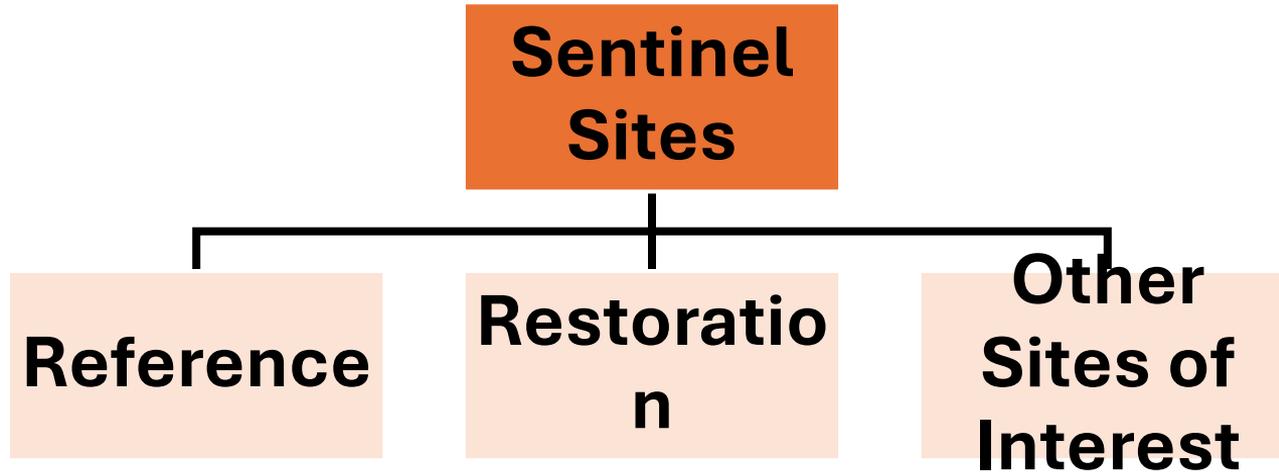
Agency guidelines - suggestions for how to incorporate RMP elements



Implementation strategy - recommendations for long-term support

# What is a Sentinel Site?

**Sentinel site:** Wetlands that are designated for long-term monitoring to track ecological condition through time, evaluate the effect of regional trends in external conditions/stressors, and provide a basis of comparison (context) for restoration or mitigation sites



# Sentinel Site Network

- Process developed by SAP
- Applicable statewide
- Applied to select sentinel sites for the WRP region
- Published technical report and manuscript

Development of a Coastal Wetland  
Sentinel Site Network

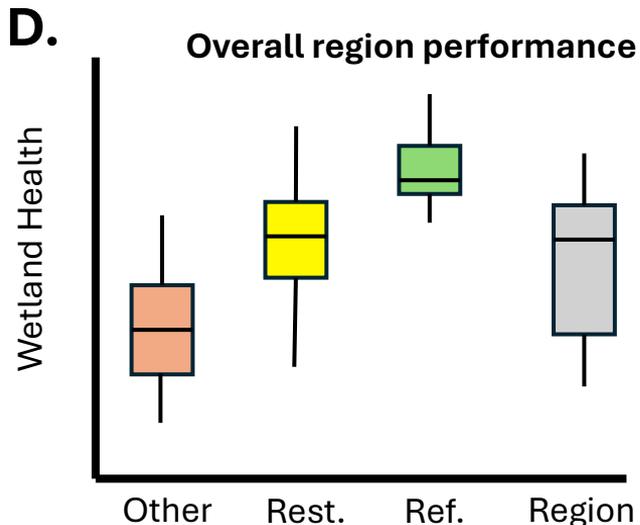
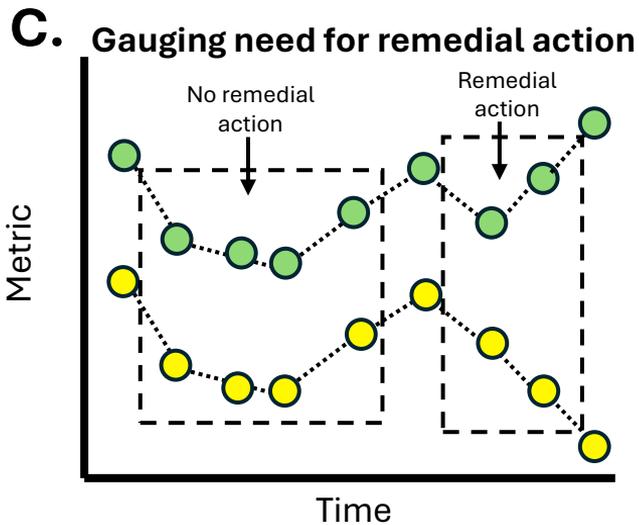
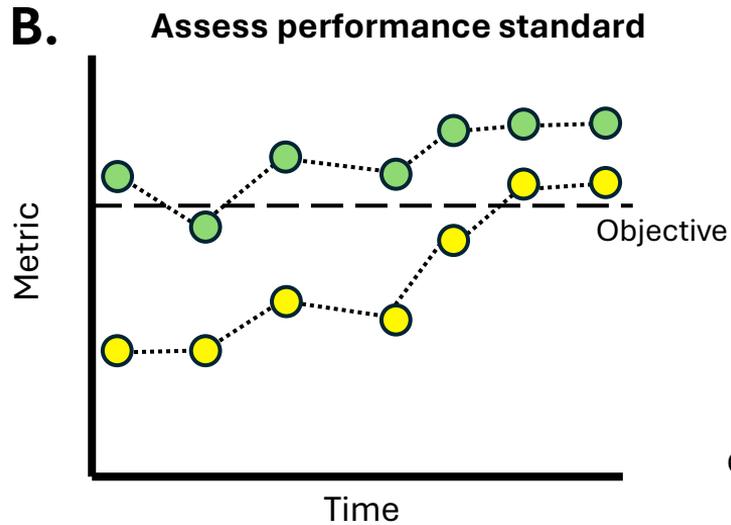
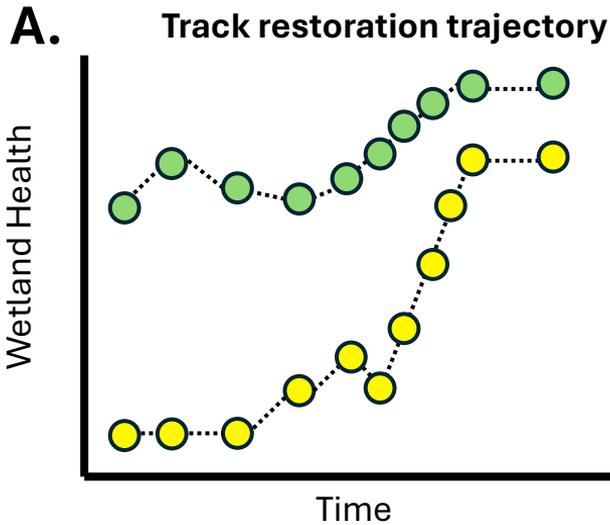
*Assessing Wetland Recovery: Building Capacity to  
Understand and Support Regional Wetland Health and  
Resilience*



Product of  
The Wetland Recovery Project Scientific Advisory Panel

September 2024  
Technical Report #1393.A





**Site Type**



Other Sites of Interest



Restoration



Reference

## RESEARCH ARTICLE

# Sentinel site networks as a mechanism to evaluate progress toward meeting restoration goals in altered and unaltered landscapes

Janet B. Walker<sup>1,2</sup> , Kevin O'Connor<sup>3</sup>, Kerstin Wasson<sup>4</sup>, Caitlin Crain<sup>5</sup>, Karina K. Johnston<sup>6</sup>, Richard F. Ambrose<sup>7</sup>, Christine R. Whitcraft<sup>8</sup>, Jeffrey A. Crooks<sup>9</sup>, Kathryn Beheshti<sup>10</sup> , Megan Hall<sup>11</sup>, Katie Nichols<sup>12</sup> , Maravilla Clemens<sup>13</sup>, Eric D. Stein<sup>1</sup>

Establishing appropriate restoration targets, tracking progress toward those targets, and determining appropriate adaptive intervention are some of the greatest challenges to successful ecosystem restoration. Addressing these challenges is often informed by the use of “reference sites” that represent relatively unaltered or historical conditions and conceptually can be used to provide context and comparison for restoration projects. In reality, contemporary “unaltered” sites have often been manipulated by centuries of cultural practices and “pristine” conditions cannot be defined. Moreover, in highly altered landscapes or where stressors are continuing to rapidly reshape ecosystem structure, few or no sites may be unaltered enough to serve as pristine or aspirational reference standard sites for restoration. To address this challenge, we adapted the concept of “reference sites” to a framework for developing sentinel site networks, which consist of sites along a gradient of condition. These sites are selected for long-term monitoring to track ecological conditions through time, to evaluate the effect of regional trends in external conditions or stressors, and to document progress toward site-specific goals and regional objectives. Developing a sentinel site network involves screening sites based on condition, stressors, management, and feasibility for long-term monitoring, informed by input from regional experts and stakeholders. The goal

# Elements of the Regional Monitoring Program



Sentinel site network – provide consistent frame of reference for projects



**Monitoring plan** – approach for answering regional questions



Agency guidelines - suggestions for how to incorporate RMP elements



Implementation strategy - recommendations for long-term support

# Monitoring Indicators

Core Indicators	Supplemental Indicators
Habitat Mapping and Elevation	Sediment Dynamics
Marsh Vegetation	Mouth Dynamics
Water Quality: Temp., DO, Salinity	Water Quality: Parameters of Concern
Hydrology	Submerged Aquatic Vegetation
Rapid Assessment	Birds
Fish: Minimum sampling	Fish: Extensive sampling
Invertebrates: Macrofauna (> 3 mm)	Invertebrates: Infauna (< 500 um)
Eutrophication: sediment nutrients	Eutrophication: algae



# Elements of the Regional Monitoring Program



Sentinel site network – provide consistent frame of reference for projects



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Implementation strategy - recommendations for long-term support

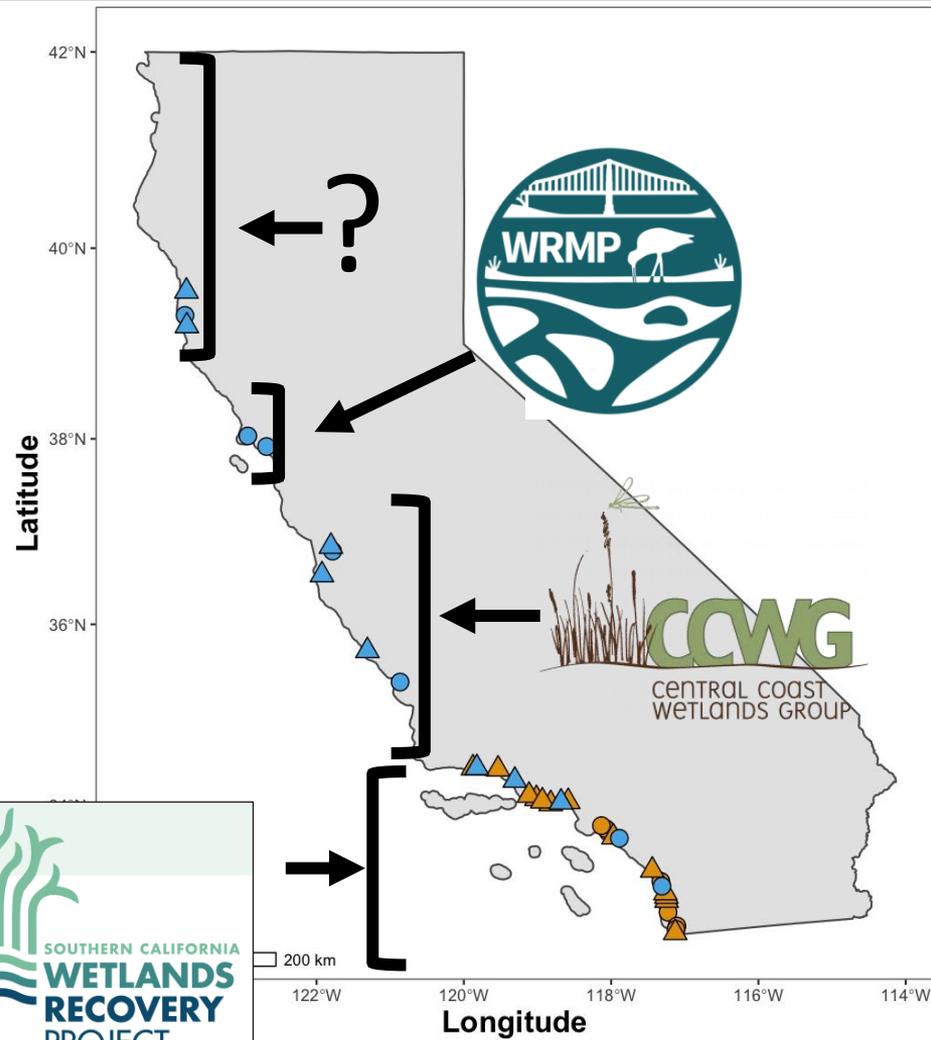
# Our vision for implementation is via state-regional-local partnerships

1. State coordination via the California Estuary Monitoring Workgroup

2. Program management via a single entity (e.g., SCCWRP, SFEI, CCWG)

3. Regional science management and monitoring

4. Local implementation via project-based monitoring



# Thank You!



Questions?

[Katie.Nichols@scc.ca.gov](mailto:Katie.Nichols@scc.ca.gov)